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to eat some goddamn
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Thug Kitchen started their wildly popular web site to inspire people to eat some Goddamn vegetables and adopt a healthier lifestyle.

Beloved by Gwyneth Paltrow ("This might be my favorite thing ever") and named Saver's Best New Food blog of 2013—with half a million Facebook fans and counting—Thug Kitchen

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Eat like a champ, not like a chump. Hardcover: 240 pages Publisher: Sphere (23 Oct. 2014) Reviews Seriously good recipes (Guardian) About the Authors Thug Kitchen blew up the Internet back in 2012, when they first began blogging. Their first cookbook was a #1 New York Times

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bestseller. They are based
in Los Angeles, CA.

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Book Format:

Hardcover: Number Of
Pages: 240 pages: First
Published in: September

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30th 2014: Latest Edition:

October 7th 2014: ISBN

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9781623363581:

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Awards: Goodreads

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Vegan Cookbook - Thug
Kitchen - Eat Like You
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This book delivers more than 100 recipes of Thug Kitchen's favorite meals, snacks, and sides for beginning cooks to home chefs. Roasted Beer and Lime Cauliflower Tacos? Pumpkin Chili? Grilled Peach Salsa? You bet your sweet ass. Plus Thug

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Thug Kitchen proves that you can eat healthy and still kill it in the kitchen.

'Dear reader, I love Thug Kitchen ' s cooking. . . . I really like their passion for eating the right food, for cutting to the chase, and for knocking up good, nutritious food from scratch. . . . So, Thug Kitchen, good luck, and keep doing

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Thug Kitchen: The
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Thug Kitchen was a
counterpoint to the
dominant food media
landscape of that time:
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upper crust. It was also
intended as a “ fucking
wake-up call ” to those
adults out there who

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hadn ' t learned to cook healthy food yet and were still subsisting on a college student ' s diet.

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are, I really like their
passion for eating the
right food, for cutting to
the chase, and for
knocking up good,
nutritious food from
scratch.

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clcorbi on November 29,
2017 . Really delicious,
with modifications. Like

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others have noted, the beer blanch seemed completely unnecessary, so I skipped it and instead mixed the lime juice, soy sauce and hot sauce in with the spice blend, and tossed it all together before roasting.

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Michelle Davis are the duo behind the vegan blog Thug Kitchen. With the tag line "Eat like you give a f*ck," they won't ask you nicely to eat your veggies. Instead, they use...

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Thug Kitchen started their wildly popular

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website to inspire people to eat some Goddamn vegetables and adopt a healthier lifestyle.

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